

# CLINICAL TRIALS CHECKLIST



ConViCTioN is a consumer advisory group brought together to improve the awareness and participation of consumers and the community in clinical trials across NSW.

Consumers and the community are key to the success of clinical trials that advance healthcare.


This checklist supports good clinical practice for consumers and researchers in clinical trials.

This checklist won't cover all of your questions. You can get more information about a specific trial from the Clinical Trial Participant Information Sheet and Consent Form that are provided, or contact the Clinical Trial Co-ordinator if you have further questions.



## What is in it for me?

You can hear patient stories about [being part of a clinical trial](#).

 NSW Health Medical Research  
[www.medicalresearch.nsw.gov.au/clinical-trials](http://www.medicalresearch.nsw.gov.au/clinical-trials)



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## How can I find a clinical trial?




You can ask your doctor, your local hospital patient group or consumer group, contact [Health Consumers NSW](#), or sign up for the [CCReW Initiative](#) for more information on new trials.

 [Health Consumers NSW  
www.hcnsw.org.au](http://www.hcnsw.org.au)

 [CCReW  
www.ccrew.accesscr.com.au](http://www.ccrew.accesscr.com.au)


You can look for recruitment posters at your clinic/ hospital or social media from disease specific groups.


You can search for a clinical trial on

 [Australian Clinical Trials website  
www.australianclinicaltrials.gov.au](http://www.australianclinicaltrials.gov.au)  
or the

 [Australian and New Zealand Clinical Trials Registry.  
www.anzctr.org.au/TrialSearch.aspx](http://www.anzctr.org.au/TrialSearch.aspx)

You can listen to

 Vanessa's experience of finding a clinical trial.  
[clinicaltrials-consumervoices.com.au](http://clinicaltrials-consumervoices.com.au)


 Online resources

## What does it mean for me (and my caregiver) to be in a clinical trial?

- ✓ How will this treatment differ from my current treatment?
- ✓ What lifestyle changes (e.g., food, exercise, diet, medication) do I need to follow to be part of the trial?
- ✓ What eligibility do I need to meet to be accepted into the trial?

## Practical considerations



- ✓ Where is the trial? How will I get there?
- ✓ Can I get reimbursed for my travel costs?
- ✓  [IPTAAS website  
https://www.iptaas.health.nsw.gov.au/faq](https://www.iptaas.health.nsw.gov.au/faq)
- ✓ How long is the trial?


## Medical considerations

- ✓ If I get access to a treatment as part of the trial, will this continue after the trial ends?
- ✓ If I am in a trial and I have other health issues, can I continue with my current treatments while I am on the trial?

## Other things to consider

- ✓ How will I be kept informed about the outcomes of the trial?
- ✓ Has the trial been reviewed by researchers or consumers?
- ✓ What will happen to my personal and health information if I withdraw from the trial, and at the end of the trial?

## What are the benefits, risks and disadvantages?

- ✓ Have I read the Participant Information Sheet? 
- ✓ Do I understand all of the information? If not, who can answer my questions?
- ✓ Can I speak to my GP or treating doctor about the trial?
- ✓ How will the trial affect me physically or mentally? Who should I contact should something go wrong?
- ✓ How do I provide feedback?



[clinicaltrials-consumervoices.com.au](http://clinicaltrials-consumervoices.com.au)